



OCEAN CITY AREA FELLOWSHIP INTERGROUP NEWSLETTER

P.O. BOX 913 OCEAN CITY MARYLAND 21842
410-219-2117 www.ocaa.org

September 1, 2009

Part of Area 29

UPCOMING ANNIVERSARIES... We have a lot to celebrate! AA Works!!!!

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE & WHEN
Rich P.	5	08-30-04	09-03-09 (Thurs)	Primary Purpose Group-St. Peter's -103 rd St-OC-7pm
Rick C.	23	09-04-86	09-04-09 (Fri)	Action Group-St Paul's by the Sea-3 rd St-OC-8pm
Bill F.	28	08-12-91	09-05-09 (Sat)	Saturday Night Alive- Atlantic Club-8pm
Watson	16	09-08-93	09-09-09 (Wed)	Seaside Group-St. Peter's Church-103 rd St-OC-6pm
Melanie N.	6	09-06-02	09-11-09 (Fri)	Action Group-St Paul's by the Sea-3 rd St-OC-8pm
Krista R.	15	09-07-94	09-13-09 (Sun)	Happy Risers – Atlantic Club – 9am
Margaret S.	15	09-15-94	09-18-09 (Fri)	Happy,Joyous&Free–Community Church-OP. 10am

Please send all anniversary announcements to: Donna R. 443-366-3048 or donnarhynalds@hotmail.com

*****The Positive Attitude Group along with The 164 Group will be hosting a "Come One, Come All" Picnic on Sunday September 27th at The Stephen Decatur Memorial Park on Rte. 113 South in Berlin. There will be a speaker during the picnic which will take place from Noon – 4pm. Feel free to bring a covered dish! *******

Step 9. Made direct amends to such people wherever possible except when to do so would injure them or others.

"Good judgment, a careful sense of timing, courage and prudence-these are the qualities we shall need when we take Step Nine" -Twelve & Twelve p.83

Tradition 9: AA, as such, should never be organized; but we may create service boards or committees directly responsible to those they serve.

CHECKLIST FROM THE AA GRAPEVINE

- Do I still try to boss things in AA?
- Do I exercise patience and humility in any AA job I take?
- Am I aware of all those to whom I am responsible in any AA job?
- Do I resist formal aspects of AA because I fear them as authoritative?



A Benchmark in Sobriety

Step Nine - Made direct amends to such people wherever possible except when to do so would injure them or others.

When I arrived at the Eighth and Ninth Steps, I found I had an unusual amends to make. I needed to make amends to the entire town I grew up in, for various acts of juvenile delinquency. There was no way of finding individual firemen, policemen, or citizens I may have involved or harmed twenty years before. But I still wanted to make amends in some way.

I first tried writing a letter to the local newspaper, outlining my transgressions of the past, and declaring that I wanted to apologize to the town. The editor refused to publish my letter, saying that such a letter might actually encourage other young people to misbehave. So I turned the whole thing over to my Higher Power and went on about the business of living in sobriety.

One day, after about a year in the program, I sat down on a park bench to rest. It occurred to me that someone ought to paint the bench, spruce it up. I thought about doing it myself, but I realized I would need a whole bagful of tools, besides the paint, to do a good job. It was too much for me to deal with. So I turned it over to my Higher Power.

Another year had gone by when I sat on another bench in another park and I thought, "Somebody ought to paint this bench!" I realized that over the preceding year I had acquired most of the tools I would need. All I needed to buy was some paint and some brushes.

I bought the needed supplies, assembled my tools, put them all in a large shopping bag and I began to paint park benches. I took it one day at a time, painting one bench at a time.

Over a period of three years I painted about thirty benches in three parks. Some of the benches were getting tough use and those I painted twice. I used a rasp to smooth out coarse edges and sandpaper to roughen the surface of the smooth, weatherworn boards so they would take the paint. I did a priming coat and another day a finishing coat. It took about four hours' work altogether to do one bench.

I want to say that I enjoyed the work. It wasn't drudgery for me. I was outdoors, in the parks, out in the sun and the wind, listening to the birds, watching the squirrels, and sometimes interacting with people in the park.

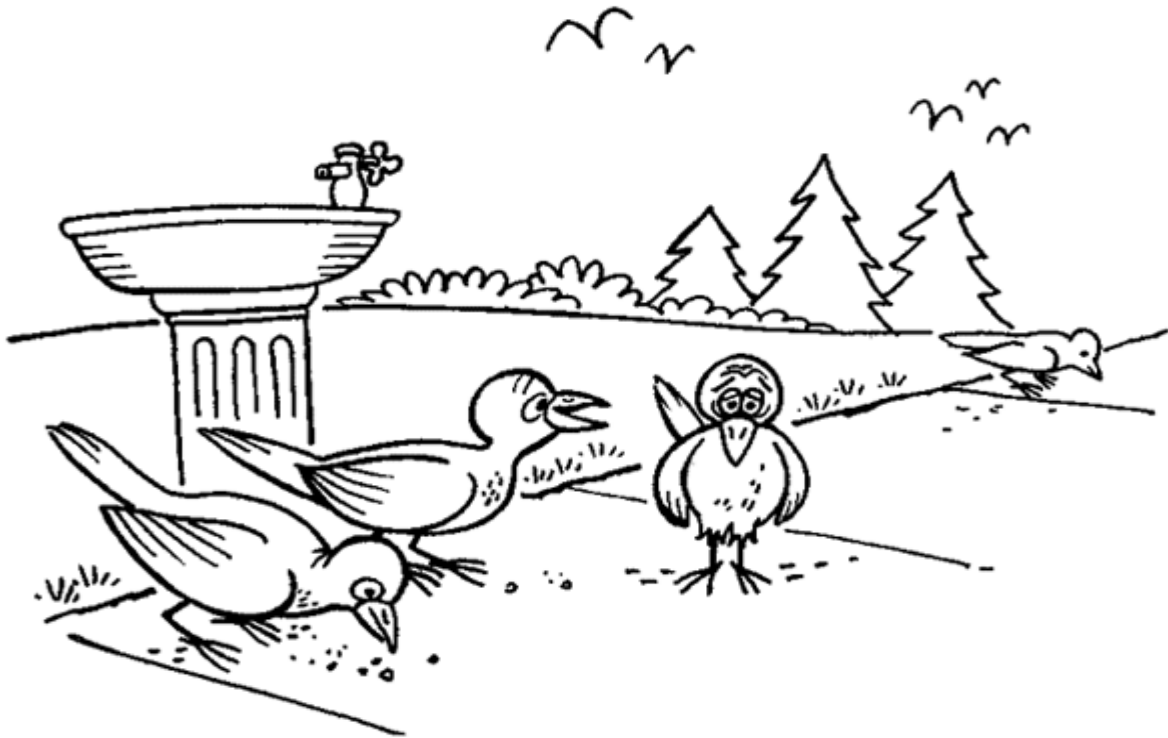
I never told anyone, outside of AA, that I was doing this to make amends. I just said that it needed doing and I enjoyed doing it. Some people asked if this was required court-ordered community service, and I said, "No, I'm just a volunteer."

Then came a day, after about three years, when it occurred to me that I was done. I had made my amends to the town. I didn't have to do it anymore.

Several years have passed. I still use those parks as a place to sit and rest. Occasionally I see a bench that needs painting and I remember the work I did. But I don't do it anymore. Now the town does it.

If you can't figure out how to make amends, just turn it over to your Higher Power. In time, there will be an answer, there will be a way.

Jack A.
Montclair, New Jersey



“Have you talked to your sponsor lately?”

OCEAN CITY AREA FELLOWSHIP INTERGROUP – GROUP INFORMATION

<u>GROUP</u>	<u>INTERGROUP REP.</u>	<u>ADDRESS</u>	<u>TIME</u>
Action Group	Sarah C. / [REDACTED]	St. Paul's by the Sea – 3 rd & Baltimore- OC	M. & F.-8pm
A Positive Attitude	Celeste / [REDACTED]	Stevenson's Church- 123 N. Main St.-Berlin	Sat-8pm
Back to Basics	Lynn A. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	Th.-8pm
Beach Group	Alex B. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	F-6pm
Beginner's BB	Joe P. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	M-8pm
Berlin Friendship	John W. / [REDACTED]	Friendship Church- Rt.113 & 452-Berlin	M-8pm
By The Book	John M. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	Sun.-6pm
Men's 12&12	Prez. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	W-8pm
Daily Reflections	VACANT	Atlantic Club- Rt. 50 – West OC	Tue-8pm
Free To Be	Bonnie / [REDACTED]	Atlantic Club- Rt. 50 – West OC	W-8pm
Fresh Air	Heather K. / [REDACTED]	Crossway Church-West OC	Tue-8pm
Beginner's Literature	Robin D. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	F-8pm
Happy, Joyous & Free	Kathy G. / [REDACTED]	Community Church – Rt.589- Ocean Pines	F-10am
Happy Hour	Mary G. / [REDACTED]	Community Church – Rt.589- Ocean Pines	M-6pm
Happy Risers	Maureen C. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	Mon-Fri 7:30am Sat. & Sun. 9am
Joy of Living	June A. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	M,Tu,W,Th,F-Noon
Primary Purpose	Rich P. / [REDACTED]	St. Peter's Church- I03 rd St- OC	Thurs-7pm
Sat. Night Alive	Mary M. / [REDACTED]	Atlantic Club- Rt. 50 – West OC	Sat-8pm
Seaside	Watson / [REDACTED]	St Peter's Church-I03 rd St- OC	W-6pm
Serenity	Billy C. / [REDACTED]	St Peter's Church-I03 rd St- OC	W-Noon
Snow Hill	VACANT	Whatcoat Church-Federal & Wash. St	W-8pm
Sponsor & Sponcee	Chris L. / [REDACTED]	Bethany U.M. Church Rte.611 @ Snug Harbor	Sun-6pm
I64 Big Book ☺	Laurie A. / [REDACTED]	Stevenson's Church-123 Main Street-Berlin	Mon.-8pm

A.A. Happenings...

District I3 is hosting a Fall Sharing Session on Saturday September 26th with speakers, a play, a bonfire on the beach and a Pot-Luck Dinner. Covered dish welcome!

The event will start at 4pm at St Matthew's Church in Fenwick. For information contact Jen @ 302-430-9181

The Primary Purpose and I64 Groups are hosting a "Come One, Come All" Picnic on Sunday September 27th from Noon to 4pm. There will be a speaker, fellowship and food. Please feel free to bring a covered dish or some picnic food! The event will be held at The Stephen Decatur Memorial Park on Rte. 113 – South of the Food Lion shopping center in Berlin.

O C Intergroup

What's going on?...

Treasurer's Report: Bills are paid. Checking Account Balance of 323.28

Bookstore: If your group needs books you may contact the following people/groups who have keys to the bookstore:

Rob A. 410-213-2126

Mark P. 443-497-1988

Happy Risers-Atlantic Club-Every Morning

LADIES.....

PLEASE HELP!

Jessica Z. is in need of help with taking meetings to the women's jail in Snow Hill. Meetings are taken on Thursday Evenings.

You would only have to commit to one Thursday a month. Please call Jessica and let her know that you are interested in helping – Thank You!

Jessica can be reached at 443-880-4905.

Workshop:

MARK YOUR CALENDARS!!!!

The Workshop Committee is planning a workshop for October 10th from 10am – 2pm. It will be held at The Stevenson United Methodist Church in Berlin.

The Workshop is entitled: Step Into A Miracle and will be focused on Steps One, Two and Three!

There will be Food Served and the event will be free!

More information about this workshop will follow.....

INTERGROUP ELECTIONS

The Ocean City Fellowship Intergroup will be nominating and electing new officers in December 2009 to serve two-year terms. If you are interested in serving AA as an Intergroup Chair, Alternate Chair or Secretary, please come to the October meeting and let us know!

Addresses of AA Service Offices

Ocean City Intergroup

P.O. Box 913

Ocean City, MD 21842

District 32

P.O. Box 1831

Berlin, MD 21811

MD General Service

(Area 29)

P.O. Box 2683

Salisbury, MD 21802

General Service Office

Box 459

Grand Central Station

New York, NY 10163

2009 Intergroup

Officers

Chairperson

Krista R. 443-880-4944

Alternate Chair

Lynn A. 443-735-9750

Secretary

Jillian M. 443-880-5678

Treasurer

Robin D 443-373-3731

Several groups currently are not represented at Intergroup meetings. If your group does not have a representative, please ask if there is anyone who might like to serve A.A. by attending the next Intergroup mtg: Oct. 6 - 6pm @ The Atlantic Club

The Ocean City Intergroup Newsletter is published each month and is mailed to subscribers and other Intergroups and is distributed at each Intergroup meeting.

Ocean City Intergroup meets the first Tuesday of every month at 6pm at The Atlantic Club.

You may email information for publication to Lynn A. at plynna@yahoo.com